

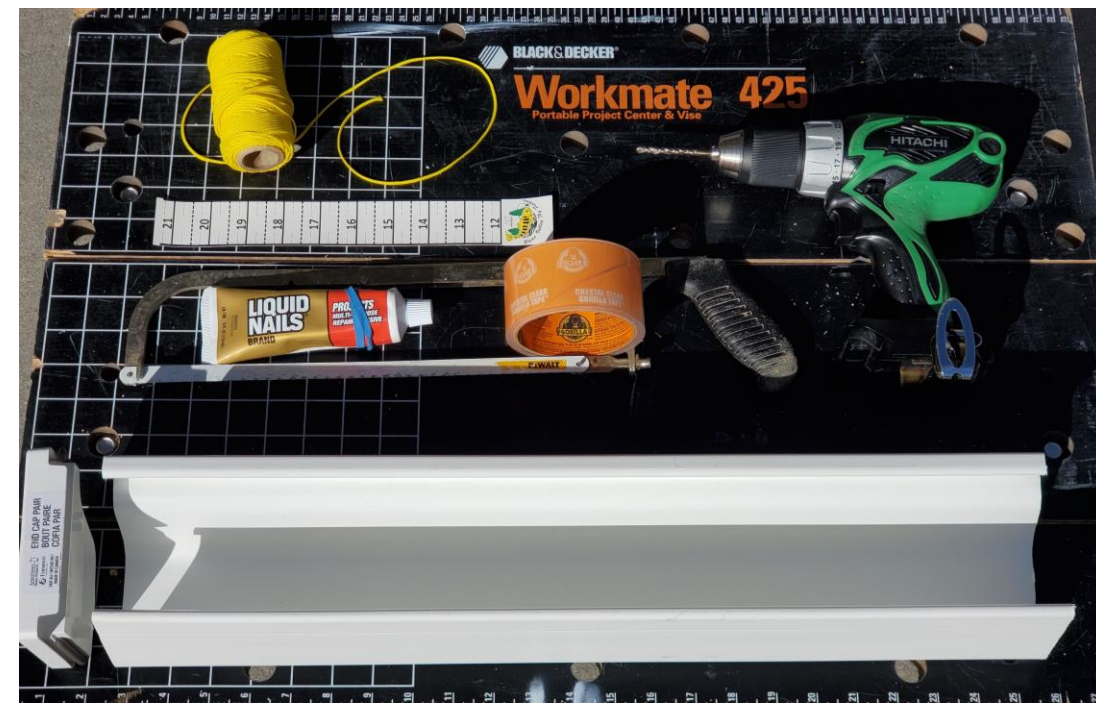
Ways To Measure Your Catch

- Easiest way is to have a buddy photograph while you measure the fish in the net
 - Length is tip of the nose to the longest tail fork
- Rod-ruler “stickers” are accepted
 - Double-check your ruler for accuracy
 - To photograph by yourself, use GoPro chest or head mount and set for 1s time lapse photos
- Measure Nets are nice, but not accepted
 - Not accurate enough for derby
- Wet measuring boards
 - Accurate, fast, easy on the fish
 - “Hawg Trough” at Cabela's \$18



DIY Hog Trough

- A variety of designs on the internet
 - I built mine out of vinyl rain gutter
 - 10' rain gutter is \$5. Two end-caps \$7.50
 - Glued end-cap on with liquid nails
 - Added rope handle with a carabiner—easy to hang from waders
 - Used clear Gorilla tape to secure the tape-measure
- PVC pipe design is easy, inexpensive

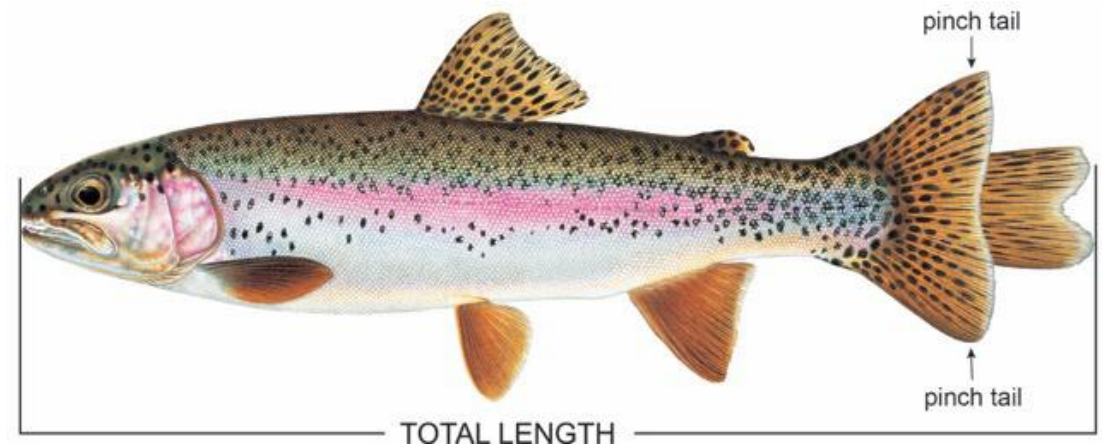


Safe Fish Handling Recommendations

1. Use a net to reduce stress on the fish. Rubber nets are the best.
2. Don't drag fish onto the bank, it's hard on their head and gills.
3. Wet your hands before handling the fish and keep your fingers out of their gills.
4. Keep the fish wet. Minimize time out of water.
 - Have your camera and ruler ready
5. Give the fish time to recover before release.



IDF&G Catch and Release Program



- Idaho made a separate program for catch and release trophy fish
 - Fish must be photographed directly next to a ruler/tape or an object of known verifiable length (such as the fishing rules booklet).
 - At least one photo of the angler with the fish.
 - At least one witness to the measurement and release.
 - Records must be broken by a minimum of $\frac{1}{2}$ inch (2" for sturgeon).
 - Application must be submitted within 30 days of the catch date.
 - Full details at: <https://idfg.idaho.gov/fish/record/catch-and-release/guidelines>
- C&R Record for mountain whitefish is 21 inches